

Aerobic

	09:00	09:30	17:00	17:30	18:00	18:30	19:00	19:30
Montag	SILVA aerobic, conditioning	---	---	SABINA Aerobic Senioren	---	IVETA body forming	---	---
Dienstag	---	IVETA body forming	---	SILVA aerobic, conditioning	---	---	IVETA slide	---
Mittwoch	SILVA maxbody forming	---	---	IVETA p class	---	IVETA body forming	---	---
Donnerstag	---	IVETA p class	---	IVETA slide	---	---	SILVA body forming	---
Freitag	---	IVETA aerobic	---	---	---	---	---	---
Samstag	SPECIAL EVENTS more information on tel. 541 638 255							
Sonntag	---	---	---	SILVA body forming	---	IVETA aerobic, conditioning	---	---